

SPIN FOR PARKINSON'S

Beginning February 1st
Monday's and Thursday's

4:45PM - 5:45PM

Lincoln Park Fitness Center

444 W Fullerton Pkwy Chicago, IL 60614

Twice a week guaranteed class reservation
\$140/month

Call or Email to Sign Up

Email: olivia@movement-revolution.com **Phone:** (312) 465-3921



**MOVEMENT
REVOLUTION**

Empowering people with neurological conditions to
live better through exercise.